



*To Motivate, collaborate and educate.  
Promoting healthy lifestyles among our youth.*



## FALL Newsletter

### **Go Over the Edge for CDFY!**

**If you could help turn the tide of the opioid epidemic and the vaping epidemic WOULD YOU?**

Looking for something worth your while? Saturday, October 26th, help spread drug prevention in our youth by donating towards Council for Drug Free Youth's Over the Edge event; this opportunity includes a rappel race down the Jefferson State Office Building. Or come out to watch and support your local edgers and the CDFY mission!



Click the link below to sign up!

<https://www.jccdfy.org/cdfy-over-the-edge>

Booth Registration:

<https://docs.google.com/forms/d/e/1FAIpQLSd8TtGNstQ9NxstJVfZ6qbHu2CgeRSdg-vqsb73CHvYOGqBvA/viewform>

## CDFY's "Reasons to be drug free" Video Contest

See yourself & friends on the big screen! 6th - 12th grade students can now enter in CDFY's video "Reasons to be drug free" video submission contest for a chance to win 1 of 3 cash prizes. Enrollments are due no later than Friday, October 25th at 5pm. You must be present to win.



## October/November Coalition Meetings

CDFY will hold its monthly community coalition meetings held every 3rd Thursdays of the month. At these encounters, our community residents will have the chance to gather to discuss action steps required to reduce substance use. Our students of the month will be recognized for their efforts towards staying drug free!

The Coalition meeting next month will be held October 17th 11:30 a.m. - 12:30 p.m. And the November meet will be on 11/21/2019 at 11:30 - 12:30. We hope to see you there!

### Congratulations to our September students of the month!

Kaitlyn Engelbrecht (Calvary Lutheran High school) &  
Christopher Helming (Jefferson City High School).

We are so proud of you for pledging to be drug free!



UPLIFT, and TEAM Challenge programs started in September! Safety Kids and BASELINE begin in October!



We're Looking forward towards a great fall season!

## Get Involved



Council for Drug Free Youth is always looking for Volunteers and Sponsors;  
Contact us Today!

